

Creative
Essential
SPA

CONTACT US NOW

For therapist availability, we advice you to book for any of our services at least 4 hours before your treatment time. If you are staying in a hotel or a guest house using our services, you can pre-book us at the time of booking

SENSATIONAL BODY TREATMENTS
ALL THE TIME...

mind | body | soul

Show yourself Some Love

 +254 739885949

 spa@creativeessentialspa.com

 +254 723234922 | +254 751 005003

 www.creativeessentialspa.com

 Mbaria Kaniu Road, Friends House, 1st Floor Rm. B37

Creative Essential
Spa



OUR COMMITMENT & PROFESSIONALISM

We are committed to providing high standard and quality service to all our clients and partners. To achieve this we have employed well trained professional therapists who have undergone our quality procedure for the service we deliver. We use treatments products that are international rated to be pure and fit for any type of skin. All our products are natural for skin care and the best treatments experience.

At Creative Essential Spa, it is all about quality and professionalism.

FROM EXPERIENCES

"...we felt so relaxed and satisfied!..."

"...Convenient because of the ability to be mobile"

"Absolutely perfect massage!"

Read more reviews from our clients on Google Reviews

 SYMBOLIZES OUR SIGNATURE SERVICES*



Spa Etiquette

The Spa is a retreat for your body, mind, and spirit. For the consideration of others, children are not allowed at the Spa unless they are having a treatment accompanied by an adult. We ask that you respect other guests' privacy by speaking softly. Cellular phones and electronic devices are discouraged.

Dress Code

Please arrive at the Spa wearing comfortable light clothing. Our spa has a no-nudity policy. All bathroom amenities are available at all times.

Punctuality

You are requested to arrive at least 15 minutes before your treatment time to complete a consultation card. A late arrival may result in a shorter treatment or possibly even a forfeited treatment

Consultation

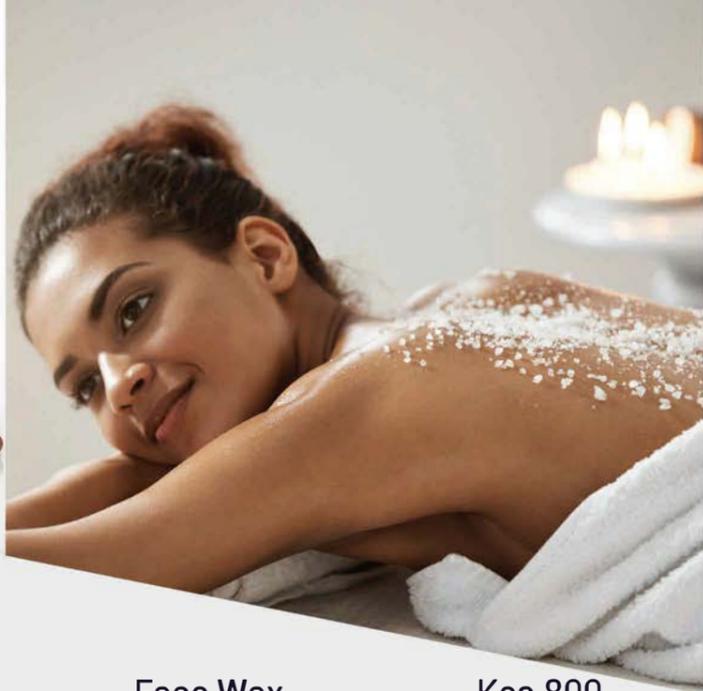
For your safety and the best possible experience, please let your therapist know about any medical conditions, allergies, sensitivities, or specific needs you may have before your treatment begins. Additionally, some treatments are not suitable for women in their first trimester of pregnancy.

Booking & Reservations

Advance booking prior to your arrival is recommended to secure your preferred date and time of treatment to avoid disappointment. Full or down 50% payment will be required. A 8-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 2 hours notice will incur a 50% cancellation fee. A 100% fee will be charged for a therapy not canceled.

Disclaimer

By using our facilities or services (in-spa or home/accommodation/office visits), you agree to assume all risks and waive any claims against Creative Essential Spa, its management, therapists, or third-party partners for any loss, injury, death, or damages.



WAXING WORKS

- Under Arms ----- Kes 400
- Half Legs Wax ----- Kes 1,200
- Full Leg Wax ----- Kes 2,000
- Bikini Line ----- Kes 1,500
- Brazilian ----- Kes 2,500

- Face Wax ----- Kes 800
- Full Arms Wax ----- Kes 1,500
- Chest Waxing ----- Kes 1,400
- Back Wax ----- Kes 2,000

THE SPA PACKAGES

Creative Bliss Treat

🕒 1 hr 45 MIN | Ksh 5,000
 MINI-FACIAL | COFFEE SCRUB | MASSAGE
 An amazing spa moment will start with a mini-facial and a full body coffee scrub to polish your skin. After a hot shower you will then enjoy a relaxing Swedish massage.

Creative Solo Refresh

🕒 1 hr 30 min | Ksh 3,900
 COFFEE SCRUB | SWEDISH MASSAGE
 This is simple yet the best gift you will ever treat self you. A softening full body coffee scrub will start the experience followed by a steaming hot shower. The climax will be marked by a refreshing Swedish massage.

Bridal Package

🕒 4 hrs | Ksh 9,000
 This pampering experience begins with a body scrub of your choice, leaving your skin soft and smooth. Next, melt away wedding planning stress with a relaxing aromatherapy massage. This will be followed by a personalized facial treatment. Finally, complete your pre-wedding spa treat with a luxurious manicure and pedicure. Shine on wedding!

Creative Classic Detox

🕒 1 hr 30 min | Ksh 4,400
 TURMERIC SCRUB | AROMATHERAPY
 Our special Turmeric and Sea-salt scrub is an absolute detox agent which will start off your treat. Then, an aromatic relaxing Aromatherapy Massage will cleanse your inner self thereafter.

For Body, Mind & Soul

ABOUT US

Welcome to *Creative* Essential Spa, we are always ready for you at our spa. Our spa is created with you in mind to give you the best relaxing treatments. We also bring your all beautiful sensations to you! Experience your home, guest house or hotel as a relaxation treasure as we change your room or balcony into well being state. Indulge yourself into our unique holistic body, skin and beauty rituals, rejuvenating massages and soothing treatments, blending the ancient wisdoms with modern technology to rediscover total peace of mind, body and soul.

Banesh Massage ■

🕒 1 hr. | Ksh 2,500
 Focuses on relieving tension in the back, neck and shoulder area. A select of our essential oils are used to leave your muscles re-booted and fresh.

Swedish Massage

🕒 1 hr. | Ksh 2,500
 A body massage using an array of techniques to provide immediate relief for aching muscles, improves circulations and reduces stress

Deep Tissue Sports Massage

🕒 1 hr. | Ksh 4,000 🕒 1 hr 30 min | Ksh 5,500
 This is deep Massage that will alleviate tension of overstressed muscles, stimulating the lymphatic and circulatory systems.

Aromatherapy Massage

🕒 1 hr. | Ksh 3,000 🕒 1 hr 30 min | Ksh 4,500
 A full body therapeutic massage using a blend of aromatic essential oils from plants to induce relaxation and equilibrium in the body

Creative Ritual Massage ■

🕒 1 hr 30 min | Ksh 4,500
 Discover your inner peace as you indulge in our signature holistic body ritual. A unique and relaxing full-body massage using organic coconut oil and finally get a mini facial.

Zone Massage (Reflexology)

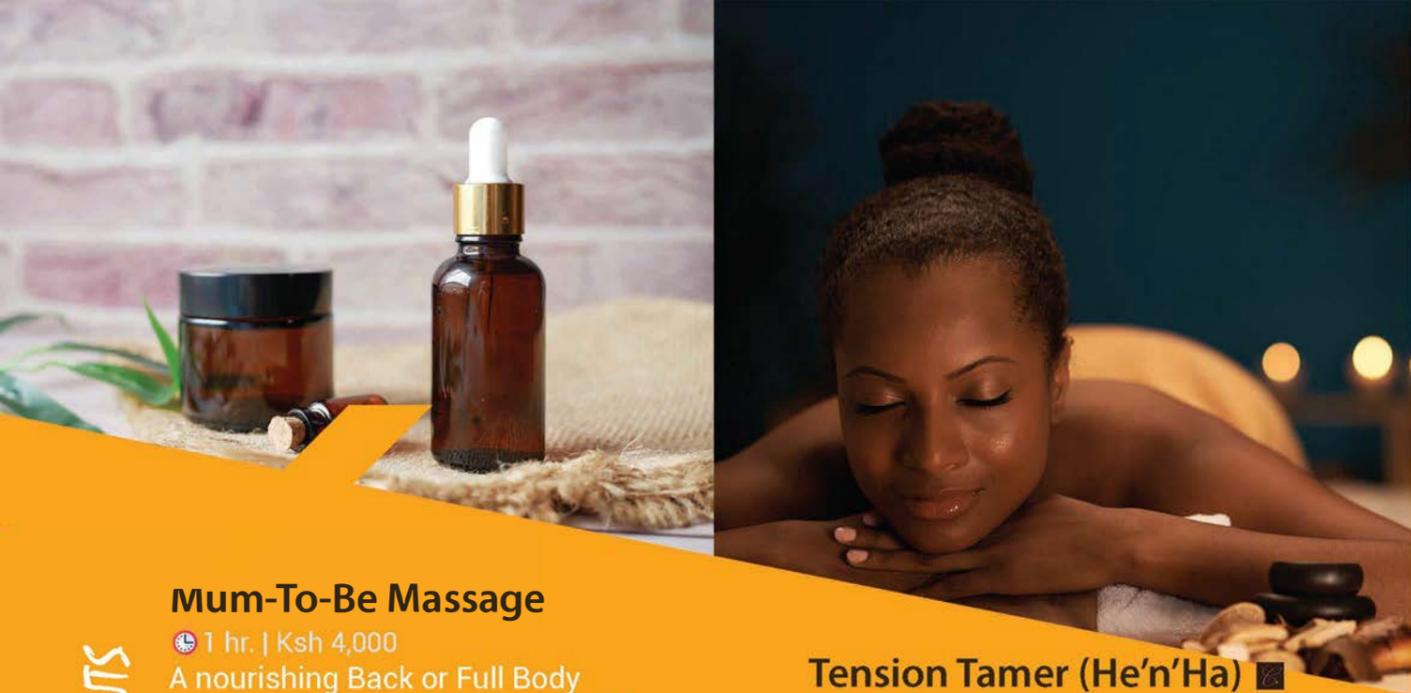
🕒 1 hr. | Ksh 3,000
 Reflexology is based on the principle that there are reflexes in our feet that correspond to every gland, organ and part of the body. The nerve endings in the feet are stimulated to balance energy, promote healing and increase circulation. Reflexology can release blockages, helping your body to eliminate toxins and waste.

MASSAGE THERAPIES



Rejuvenate, Relax & Unwind

Treat Yourself; Gift Others



Mum-To-Be Massage

🕒 1 hr. | Ksh 4,000
A nourishing Back or Full Body massage thoughtfully created with specialized massage techniques to ease tension in areas prone to muscular pain and fatigue during or after pregnancy.

Magical 4-Hands Massage

🕒 1 hr. | Ksh 6,500
Indulge in a unique full body massage performed by two of our well trained therapists. The 4-hands, well coordinated works magic relieving stress & rejuvenating your body.

Awakening Essential Facial

🕒 45 min | Ksh 1,500
Take care of your face just to make sure it doesn't keep unnecessary wrinkles and dead skin. Sooth your facial skin and revamp your face.

Full Body Coffee Scrub

🕒 45 min | Ksh 1,500
Enjoy an aromatic body scrub made from Kenya's finest coffee. The scrub will leave your skin unbelievably smooth and elevate your mood to higher level.

Tension Tamer (He'n'Ha)

🕒 30 min. | Ksh 1,500
A combination of head, neck and hand massage is perfect for releasing tension in your body and mind leaving your brain on high concentration.

Creative Africana Massage

🕒 1 hr 30 min | Ksh 5,000
Experience a unique technique of both touches of reflexology and aromatherapy using special traditionally wooden-curved tools like lymphatic tool, coconut oils, and a blend of our hand picked essential oils.

Anti-aging Classic facial

🕒 30 min | Ksh 1,700
A rejuvenating facial where you get hydrating, detoxing, and anti-aging and enhanced massage techniques to smooth away the signs of life's jet lag, leaving your skin refreshed, radiant glowing.

Turmeric & Sea Salt Body Scrub

🕒 45 min. | Ksh 1,700
Spend you sweet time detoxing your whole body, scrub out dead skin on your entire body. Turmeric help with skin elasticity, moisture retention, and collagen production

Rejuvenate, Relax & Unwind

For Body, Mind & Soul

COUPLE WORKS

Pampering Journey Plus

🕒 1 hr 30 min | Ksh 7,500
Indulge both your romantic mate and self senses as you ignite in a romantic side-by-side body scrub of your choice and finish with sensational Swedish massage. Revive, relax and re-introduce yourselves after this unique romantic rejuvenation

Creative Awake & Exfoliate

🕒 2 hrs. | Ksh 11,000
Spend quality romantic time at our spa with this premium package of love. You will start off with awakening facial followed by our unique full body scrub of Turmeric and Sea-salt - both sessions lasting 1 hr. After a hot shower break, our duo therapists will give you a 1 hr aromatic aromatherapy massage.

Creative Foot Ritual (Pedicure)

🕒 1 hr | Ksh 1,700
Enjoy foot soak and scrub followed by foot massage which induces relaxation, improves blood circulation and soothes sores and tired feet, soften and nourishing the skin.

Double Delight Harmony

🕒 1 hr 45 min. | Ksh 3,100
Immerse yourself in pure relaxation with our signature mani-pedi treatment. Let your worries melt away as our expert technicians gently soak, cleanse, and exfoliate your hands and feet. Enjoy a soothing massage that will ease tension and leave your skin feeling soft and supple. We'll then complete your transformation with a flawless polish application, leaving you feeling refreshed and pampered from head to toe.

Creative Hand Ritual (Manicure)

🕒 45 min | Ksh 1,500
A relaxing hand treatment includes a soak, scrub, cuticle care, nail shaping and hand massage to leave them beautifully pampered and conditioned.

Walk on Clouds - Foot Massage

🕒 30 min | Ksh 1,900
This is a unique foot massage using traditional techniques that will leave your tired feet and back to life again. This will rejuvenate entire body and importantly helps you get better sleep.

Treat Yourself; Gift Others

- 1 Gift your loved ones with Creative Essential Spa's Voucher.
- 2 All our Body Treatments, Massages, skin care services and waxing are available in voucher form.
- 3 Vouchers are a great way to gift people on occasions like Graduations, Weddings, Anniversary, Milestone achievements and more!

